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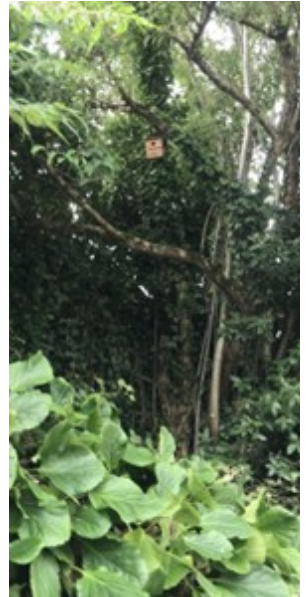
Furrough Cross
United Reformed Church

October / November
2024

Look for
the blessings
in every day!



Can you spot one of
our new bird-boxes?



Website: furroughcross.org **Find us on Facebook:** [furroughcross](https://www.facebook.com/furroughcross)

Minister: Rev. Heather Cadoux (01803) 310156

e-mail: revheathercadoux@gmail.com

Church Secretary: Vacant

Church Treasurer: Mrs Jenny Marshall

Hall Steward: Mrs Ann Close (for hall bookings only)

(01803) 324080

email: annclose49@gmail.com

Messy Church Leader: Miss Shirley Leaman

REGULAR CHURCH ACTIVITIES

Sunday Services and Junior Church: Sundays at 10.30 am.
Communion on 1st Sunday of each month.

Midweek Worship: Wednesdays at 2.30 pm.

Messy Church: 2nd Friday of each month (not August) 4 to 6 pm.

Friday Coffee: Every Friday 10.00 - 12.00.

First Friday Film: 1st Friday of each month 2.00pm (not Jun-Aug)

Bereavement and Friendship Group: 4th Thursday of each month,
10.30 am - 12.00 pm.

Opinions and views expressed in this magazine may be personal and not necessarily accord with those of the Minister and Elders of Furrough Cross United Reformed Church. Care is taken over the accuracy of the information presented but the Church and Elders cannot accept responsibility for any errors or omissions. The Editor reserves the right to edit or omit material submitted.

EDITORIAL

Roy Cadoux

We had a lovely family holiday in August, staying in a farmhouse near Barnstaple. It was great for us all to be together, to catch up on news, to play games and have fun together, to explore new places and try new



activities, to worship together on the Sunday at Westward Ho! Baptist Church, to cook and eat together, to say grace before meals together, to share in paying for trips out and meals, and to see up close some of the things that can make life joyful or difficult for each member of the family.

I wonder if coming to church is like this in any way for you? If not, maybe our church needs to look again at how it can become more like the early church in Acts 2; and/or maybe you might think about what you are contributing to the life of our fellowship.

I saw a very relevant quote recently:

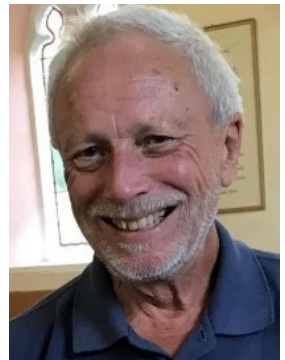
“Church is not something you go to, it’s a family you belong to”.

Talking of family, Heather and I were delighted to hear that our daughter and son-in-law are expecting their first child, our third grand-child, shortly after Christmas. It’s likely that our first holiday of 2025 will be to Essex very early in the year!

I will never cease to be amazed at the incredible miracle of new life. We’ve been through some anguish and much joy with the births of our two children, and of our two grandsons. Before we know it Advent will be upon us! Once again we can all be amazed that God should send His Son to earth as a tiny vulnerable baby.

The deadline for items for the next issue is 15th November – all contributions welcome!

Roy Cadoux



FROM THE MINISTER

Rev Heather Cadoux



Dear Friends,

The nights are getting longer, and it won't be long before the clocks go back. During the months that this issue of the church magazine covers we will have a period of remembrance that begins in October and continues into November. All Hallow tide is a time that runs from Halloween to All Souls Day.

Today, when you mention Halloween it brings to mind "trick or treat" and dressing up, often as something ghoulish. The word Halloween is a shortened form of All Hallows Eve. In Old English the word hallow meant holy, sacred – very different to the way it is seen today.

In some denominations All Hallows Eve is a time to celebrate the work of God through his saints and to celebrate the hope and holiness of death. This is something I try to convey when I lead a funeral. A day of hope, that God's holiness and Jesus' sacrifice have redeemed those who trust Him and so we can have hope for the future. Rather than a step into the dark, we take a step into a glorious new life with God.

All Hallows is followed by All Saints Day on November 1st, a day to celebrate saints and martyrs: those who have lived exceptional lives or given their lives because of their belief. The final day of All Hallows tide is All Souls Day, an opportunity to remember "those who have died in the faith". Those ordinary Christians, or maybe not quite so ordinary, who have done their best to follow Jesus. There will be those who have touched our lives – perhaps we've read their stories, or our lives have been touched as we have encountered them: a family member or friend, a Sunday school teacher, a minister or minister's husband or wife, or perhaps even a stranger who we've met at just the right time.

November brings us Remembrance Day on the 11th, originally the commemoration of the cessation of WW1. These days we have the Royal British Legion remembrance service at the Royal Albert Hall and

remember all the conflicts since then. I remember as a child everything stood still for two minutes at 11am on the 11th day of the 11th month. The fire siren would go, traffic would stop, everyone stood still – all was silent until the siren sounded again. Sadly, we don't all stop these days.

I was impressed on our recent trip to Wales when we visited the Marble Church, an Anglican church in Wales. They have Canadian soldiers buried in their cemetery. Once WWI had finished thousands of Canadians came to an army camp nearby (next door to the castle where Roy and I stayed) before being repatriated back to Canada. Sadly, some of them who survived the horrors of the fighting didn't make it back home. The facilities at the camp were not much better than they had seen in Europe and many of them died of influenza, pneumonia and similar diseases. Some are buried in war graves in the church cemetery, and the church has details of many of the other Canadian soldiers.



Remembering is not always easy. It may bring sadness that we did not want to lose that person, or regret that we can't share things with them any more, and there will be those times of the year when an anniversary, birthday or celebration like Christmas makes the missing of that person all the harder. This is why I like to give an opportunity to those who wish to, to attend a Quiet service in early December, to remember the hurt, sadness, loneliness or other emotion that you might be feeling over the loss of someone you loved, and to remind ourselves that God is there for us even in our sadness. This year's service will be at 11am on Saturday 7th December.

Please do feel free to contact me if as you remember you'd like a chat or a prayer. I'm always happy to help.

With love to you all,
Heather

DOING DECEMBER DIFFERENTLY AND THE SAME

Rev Heather

Doing December Differently is the title of a book on my bookshelves

which suggests different ways of doing things during December, to help us think about Advent and Christmas in a different way. This year I'm hoping to do a couple of things differently. The first is to use the Jesse Tree. And the second is an Advent sermon series. I'm not throwing the baby out with the bath water we will still have our Carols by Candlelight (Sunday 15th December) and I'm hoping to involve lots of you in that service for readings, meditations or prayers.

The Jesse Tree tells the story of the Israelites from creation to the birth of Christ, and I'm hoping to put together a booklet with Bible verses and reflections for each of the 24 days of Advent for anyone who'd like an Advent devotional. There are a set of felt baubles that I'm making and I will maybe use them on a Sunday as part of the service. For the sermon series I'm planning on using a painting for each Sunday in Advent, to help us think about some of the Advent themes.

BIRTHDAYS

October: Alice Hilton; Margaret Denbow; Anne Tozer.

November: James Banks; David Parrott; Mary Mason.

THREE THINGS TO REMEMBER ABOUT AUTUMN

1. Autumn refreshes us with new wonder
2. Autumn reminds us of the promise of glory
3. Autumn prepares us for winter's coming

In autumn, it's not that life is over. But autumn is transition. In time, we'll experience a hidden life as the cold of winter comes our way. But for now, we can walk briskly in the forest, kick at the leaves, and find joy in the change. Yet we recognize what the change signifies. In our youth, we thought we were limitless. And now, we sense the fragility of our lives and of life itself.

Autumn is a time of change and transition. Of course, people don't like change. Transition is always unnerving. Yet, there is a gift, a grace to be found in transitions. It's those transitional times in life that allow us to assess where we are and make some decisions about where we are going.

Joseph Rhea



FAMILY NEWS

Isabelle has had a difficult few weeks following a fall, but she is now at Jack Sears House at Paignton and has been back at church.

It's been wonderful to see Val back at church too.

Margaret D. is now at Primley House, Totnes Road, Paignton.

Please remember in your prayers all our members who are unable to get to church on Sundays, and keep in touch with them if you can.

PENNY AND MARION

We were delighted to welcome mother and daughter Marion and Penny into church membership on 4th August. In case you didn't know, Marion is Herbie's sister. They have both been coming very regularly both on Sundays and Wednesday.



HERBIE'S POETRY CORNER

Herbert Doney

Share with a Friend

'How are you feeling?' I hear people say,
So being polite, you say 'Yes I'm OK'.
But sometimes we hide the way that we feel,
When deep within us there's trouble and fear!
So sometimes it's good to share with a friend
Those things that are hurting,
Get things off one's chest.

Leave a Memory

The toll of the church bell,
The countryside still.
A loved one's departed
Whom we all loved so well!
The end of life's journey,
Though sad it may be,
Will never be forgotten
For their love and good deeds!

DISTRICT QUIZ



We hosted a very successful quiz last month, with 12 guests from Central Church and Kingsteignton, as well as over 20 from Furrough Cross. Thanks to Rev Heather who organised the quiz, our wonderful catering team, and all who brought food.



DATES FOR YOUR DIARY

Fri 4th October 2.00pm First Friday Film: *The Guernsey Literary & Potato Peel Pie Society*

Sat 5th October from 9.30am Maintenance Morning

Sat 2nd November 8.00am Christians Together in Torquay Prayer Breakfast and AGM at Church of the Assumption, Abbey Road

Sat 23rd November from 9.30am Christmas Maintenance Morning

Saturday 7th December 11.00am Quiet Service

CHRISTIAN AID GAZA APPEAL

Since last October 1,200 Israelis have been killed and 5,431 injured. Israeli civilians, including women and children, have been forcibly taken.



In Gaza, as of 17 July, nearly 39,000 Palestinians have been killed, of which more than 9,500 are women and 14,500 are children. Nearly 90,000 Palestinians have also been injured.

Airstrikes have caused widespread destruction of homes, schools, healthcare facilities and telecom installations. With fuel for generators all but depleted, hospitals are ceasing to function and virtually all water and sanitation services have collapsed. All schools are closed, food supply is cut off, and 3 in 4 Palestinians in Gaza have been displaced. At least 17,000 children in Gaza have been orphaned.

What's Christian Aid doing in response?

Christian Aid has been working with the poorest and most vulnerable people in the Middle East since the early 1950s, when they provided humanitarian relief to Palestinian refugees.

Thanks to the generosity of Christian Aid supporters, our established partners in Gaza are responding as best they can, under intense pressure, with medical relief and community-led initiatives such as food, shelter, sanitation and cash. This includes building mobile bathrooms in shelters to working with local farmers to get fresh vegetables for displaced families .

However, it's extremely dangerous to move around, and supplies of essentials are running perilously low.

Christian Aid is also working with Zochrot, an Israeli civil society organisation based in Tel Aviv, to provide trauma based psychological assistance to Israelis who have been affected by the escalation of violent conflict.

Your donations can make a huge difference to the current conditions of those affected by this dreadful war.

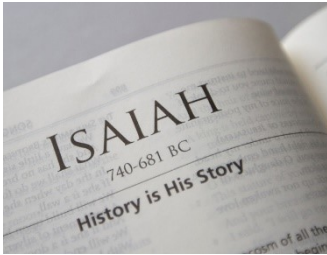
THOUGHTS FROM KEN

Ken Harris

I want to be a tree,
Anonymous in a forest.
At peace in the silence,
Unheard by the world,
Unseen by myself.
Is it time to end
Or time to begin?



Whoever you are,
And whatever
your background,
Isaiah has good
news for you:
God is far bigger
than you think!



BIG SPLASH

Roy

During November I am taking part the Big Swim to raise much-needed funds for Swim Torquay (Plainmoor Pool). I am challenging myself to swim 10km, which means swimming faster, for longer and on more days through the month than I usually manage.

If you would like to sponsor me in support of this important local facility, please let me know.

CHANGES AT TORQUAY CHURCHES

Riviera Life Church (by the Museum) have changed their name to Home Church.

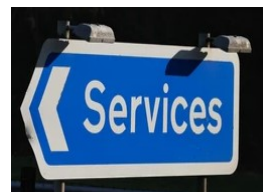
Rev Simon Clay has started as the Senior Pastor at Upton Vale Baptist Church.

Captain Chris Baker has moved to Winchester, and Major Matt Elsey now leads both Torquay and Paignton Salvation Army Corps.

Father Colin has moved to Bridport, and we welcome Father Ignatius to the Church of the Assumption.

MEETING ON THE M6

By an amazing coincidence, Herbie and Carole stopped at a M6 motorway services on a journey from Lancashire, and who should they bump into but Isabelle, who was being brought back to Torbay by her daughter Alison after her stay in hospital! What are the chances?



A HYMN WITH A DIFFERENCE

Anon

Dear Lord and Father of mankind,
forgive our foolish ways;
for most of us, when asked our mind,
admit we still most pleasure find
in hymns of ancient days, in hymns of ancient days.

The simple lyrics, for a start,
of many a modern song
are far too trite to touch the heart;
enshrine no poetry, no art;
and go on much too long, and go on much too long.

O for a rest from jollity
and syncopated praise!
What happened to tranquillity?
The silence of eternity
is hard to hear these days, is hard to hear these days.

Send Thy deep hush, subduing all
those happy claps that drown
the tender whisper of Thy call;
triumphalism is not all,
for sometimes we feel down, for sometimes we feel down.

Drop Thy still dews of quietness
till all our strummings cease;
take from our souls the strain and stress
of always having to be blessed;
give us a bit of peace, give us a bit of peace.

Breathe through the beats of praise-guitar
Thy coolness and Thy balm;
let drum be dumb, bring back the lyre,
enough of earthquake, wind and fire,
let's hear it for some calm, let's hear it for some calm.

TORQUAY COMMUNITY LARDER

The Larder is short of volunteers for Friday mornings at the Salvation Army, Market Street (10am-1pm). Could you help?

We are also very short of food, and are having to buy quite a lot each week, so if you would like to make a financial donation please see Roy.



WHEN JANET HAD A BRAINWAVE

Janet was having her garage door replaced, and on that morning as she was lying in bed she remembered that there was an old garage door behind the Furrough Room. She thought that maybe the company that was doing her door might take away the church one as well. It had become very overgrown with ivy and brambles but a quick call to Roy soon had that sorted, and thankfully the company agreed to Janet's plan and successfully extracted and removed the door. Our grateful thanks to **Alliance Garage Doors** for doing this.

Janet recalls that the Furrough Room was originally an external toilet block! We had no toilet in the Church. When we had the internal toilet installed in the vestry, the building was converted with two thirds of it being converted to the Furrough Room for Junior Church and the other third into a storage room.

Access to the storage area was via the garage door, but when we had the storage shed built, the storage area became part of the Furrough Room, the garage door was taken out and disabled access was included. This was done when Andrew Taggart was our Minister, and the garage door was left in situ out of sight ever since!

The expanded Furrough Room was opened on 20th February 2011 by Dorothy Gordon-Smith, Chairwoman of the Women's Fellowship (who had raised a lot of the cost of the conversion). *[These are Janet's photos of the event.]*

To add a little bit more history, a Portakabin was donated to the church in 2013 by Torquay



United FC (when Rev Andrew Taggart was the Club's Chaplain). The Club was getting rid of it, so Andrew asked if we could have it to house the ever-increasing number of teens we were getting. From what I recall, I may be wrong, they gave it to us as a gift, but the Church had to pay for transportation and the crane. It was officially opened by Mike Bateson, Chairman of Torquay United.



FRIDAY COFFEE MORNING

Some of our regulars (plus holiday visitor Rodney) enjoying their hot drinks, biscuits and each other's company – and blatantly ignoring Messy Church's injunction to "HUSH", "BE QUIET"!



EATING IN THE FIFTIES

Pasta had not been invented, it was macaroni or spaghetti.

Curry was a surname.

A **takeaway** was a mathematical problem.

Pizza? Sounds like a leaning tower somewhere!

Bananas and oranges only appeared at Christmas time.

Crisps came with little blue bags of salt.

Oil was for lubricating; **fat** was for cooking.

Tea was made in a teapot using tea leaves.

Cubed sugar was regarded as posh.

None of us had ever heard of **yoghurt**.

Healthy food consisted of anything edible.

Cooking outside was called camping.

Seaweed was not a recognised food.

'**Kebab**' was not even a word, never mind a food.

Sugar enjoyed a good press and was regarded as being white gold.

Prunes were medicinal.

Surprisingly **muesli** was readily available; it was called cattle feed.

Pineapples came in chunks in a tin; we had only ever seen a picture of a real one.

Water came out of a tap, had anyone suggested bottling it and charging more than petrol for it, they would have become a laughing stock.

What we never had on our table in the fifties
elbows, hats and mobile phones!

ISAAC WATTS 350

To mark the 350th anniversary of the birth of Isaac Watts, Catherine Harris (from Kingsteignton URC) included four of his hymns in the service she led for us last month. They included '*When I survey the wondrous cross*' and '*Joy to the world*'.

QUIET SERVICE

**11am Saturday
7th December.**

See page 5.

CHURCH HEATING

It is essential that we find someone else who can set the church heating controls in addition to Roy. If you have central heating at home it is very similar, so please talk to Roy if you might be able to help.

EASY ECO TIPS

OCTOBER: Clean bird feeders to prevent diseases spreading to winter migrants. Install a nest box well before breeding season to provide a cosy retreat for small birds during cold winter nights. Prepare to support more birds next year, with more tips at arocha.org.uk/give-abird-a-home. As you observe the local birds, reflect on this verse, *'I know every bird in the mountains, and the insects in the fields are mine.'* Psalm 50:11.

NOVEMBER Green your home. Combat climate change and reduce heating costs by identifying and sealing drafts around your home. Find the gaps that let the cold air in and warm air out (think keyholes, letterboxes, cracks around the edges or bottoms of windows and doors, loft hatches, floorboards, etc.) and fix these gaps using the correct materials and online tutorials. Additionally, place foil or radiator panels to reflect heat into your room. Pray for those who might be experiencing the cold this winter.

BIRDS AND BATS AT FURROUGH CROSS

Thank you very much to those who donated towards purchasing bird and bat boxes. A total of £65 was received, so thank you very much! We are in the process of installing three new homes for birds and one or two for bats at various points around the grounds.

This multi-species bat box has two vertical chambers containing ladder-style grooves which bats use to climb in and hang on.



Extract from '25 DIFFERENT HERBS AND WHAT THEY REPRESENT'

Co-authored by Janice Tieperman

CORIANDER represents hidden merit. Historically speaking, this makes a lot of sense: in ancient Rome, coriander was touted as a cure for snake bites, carbuncles, and more. British herbalist John Gerard (active in the 1500s and

1600s) also praised coriander as a cure for certain GI issues. That’s a lot of hidden worth (even if coriander isn’t actually a medicinal cure-all!)

- Medicinal properties: Helps treat type 2 diabetes.

DANDELIONS can symbolize happiness, affection, and innocence. The common yellow dandelion specifically represents positivity, prosperity, and the bright warmth of friendship, while the pink dandelion signifies fondness, playfulness, and romantic love. White, puffy dandelions stand for innocence and purity, along with healing after a difficult time.

- Medicinal properties: Helps with digestion and appetite.

DILL stands for long-lasting love, prosperity, and protection against evil. Yellow dill flowers stand for jubilation and friendship, while green flowers symbolize prosperity, positivity, and good health.

- Medicinal properties: Helps with stomach problems, hiccups, excess gas, and haemorrhoids.



Shirley Leaman

What a return to Messy Church we had after the summer break! So many children, so many families - it was amazing. Our story was of Jesus as a 12-year-old

becoming separated from his family, following their visit to Jerusalem for Passover. The children watched a cartoon of the story and sang “Who put the colours in the rainbow?”.

After this all our activities reflected our theme. The children decorated treasure boxes (‘where your heart is there will your treasure be’); used invisible ink to make pictures, talked about Jesus growing up and were measured and drew round their hands, made peppermint cream hearts dipped in chocolate, planted cress seeds in

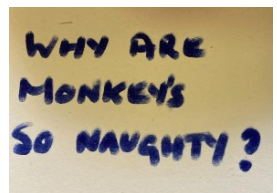


egg shells, which they decorated with faces (when the cross grows it looks like



hair!) and made prayer scrolls and family trees.

We also had a big graffiti wall on which the children and adults wrote a question they would ask God, if they were sitting on a seat together. Some of the questions were quite profound – like ‘God, why aren’t there dinosaurs any more?’!

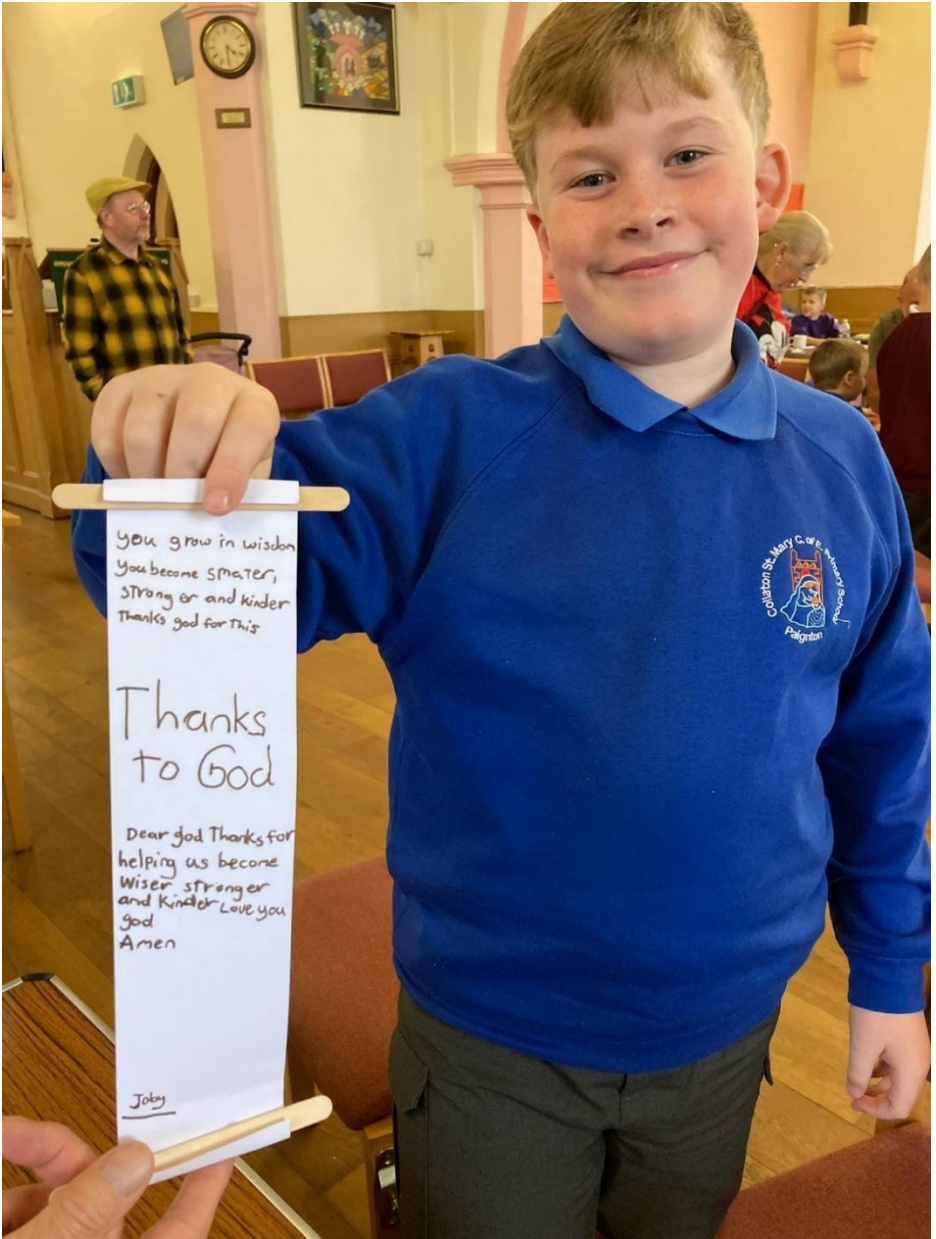


In our worship time Carolyn told the story of 12-year-old Jesus being found in the temple by Mary and Joseph. He was surrounded by teachers who were amazed at his knowledge. Mary kept all these memories of Jesus in her heart and treasured them.

After all of this, everyone devoured macaroni cheese, salad and garlic bread, followed by apple strudel with custard or ice cream. Yum! Our catering team are wonderful.

All our Messy Church meetings are centred around Jesus and our prayer is that He is with us in every conversation, in all our laughter, when we’re doing our activities, during our meal and in everything we do.

Our October Messy Church is on Friday 11th October – come and check us out.



Joby unrolls his prayer scroll

SUMMER QUIZ ANSWERS FROM LAST ISSUE

1. Which British seaside attraction is 158m tall? Blackpool Tower
2. At 1.34 miles, where is the longest pleasure pier in the UK? Southend
3. What was the name of the ITV holiday show fronted by Judith Chalmers which ran from 1994 to 2003? Wish you were here
4. When does summer officially start? 21st June
5. The month of July is named after which famous person? Julius Caesar
6. 'The First Day of Summer' is an annual public holiday celebrated in which European country in April? Iceland
7. Can you give the first line of Grease's 'Summer Nights' lyrics? Summer loving had me a blast
8. Which feast day falls on July 15 every year? Saint Swithin's
9. Who was credited with saving 77 lives during seven summers working as a lifeguard at Lowell Park, Illinois, starting in 1926? Ronald Reagan
10. Which singer was known as the 'Queen of Disco'? Donna Summer
11. Who met and fell in love with Marge Bouvier in a 1974 summer camp? Homer Simpson
12. Which novel is told partly by its heroine Esther Summerson? Bleak House
13. The "dog days of summer" are named after the Dog Star; what is the better known name of this star? Sirius
14. What term is often given to a period of dry hot weather that occurs in the autumn? Indian Summer
15. What was the first name of Clegg in the sitcom *Last of the Summer Wine*? Norman
16. The summer solstice occurs in the Southern Hemisphere during which month? December
17. '*In the Summertime*' was a debut single and big hit for which British rock band? Mungo Jerry
18. Name the fictional seaside town in the Australian sitcom *Home and Away*? Summer Bay
19. By what name is the character Puck also known in the play *A Midsummer Night's Dream*? Robin Goodfellow
20. Castel Gandolfo is famous for being whose summer residence? The Pope's

ALL SAINTS QUIZ – all the answers contain a saint’s name

1. Which university town in Fife is closely associated with golf?
2. Where did literary detective Miss Marple live?
3. The Hermitage (in size the site of the world’s largest gallery for art) is located in which city?
4. On which South Atlantic island was Napoleon Bonaparte banished?
5. What three Exeter railway stations are named after saints?
6. Who was Larry Grayson’s assistant on BBC’s Generation Game?
7. Which Swiss city hosted the Winter Olympics in 1924 and 1948?
8. Which saint gives his name to a day in July when folklore says that if it rains on this day it will rain for the following 40 days as well?
9. Although not a residence for British monarchs since the 1830’s, which London building (originally built on the orders of Henry VIII) is the most senior of all palaces in the UK?
10. Which town serves as the capital of the island of Guernsey?
11. What phenomenon is a luminous plasma created by a corona discharge from an object eg a ship’s mast in an atmospheric electric field?
12. Prior to managing both Aberdeen and Manchester United, which football club based in the Scottish town of Paisley was managed by Alex Ferguson from 1974 to 1978?
13. ‘Tribute’ is a pale ale produced in which Cornish town?
14. Which Crediton-born Benedictine monk who died in AD754 later became the Archbishop of Mainz and is today recognised by many as the Patron Saint of Germany?
15. What building is at the southernmost point of the Isle of Wight?
16. What is the capital of Canada’s Newfoundland and Labrador province?
17. Born Robin Smith, under what name did this singer record a 1966 hit about the Pied Piper?
18. The location of a monastic hospice and a breed of dog often pictured carrying a small barrel of brandy.
19. Potentially harmful to livestock, which plant with the Latin name *Hypericum Perforatum* is considered by some herbalists to be an antibiotic and an aid to the healing of wounds?
20. In 1980 the choir of which Stockport primary school had a Christmas No. 1 in the UK Singles Chart with the song “There’s No One Quite Like Grandma”?